

#### 230 Cowie Hill Rd. Halifax, NS B3P 2M3 https://cbh.hrce.ca/ ches@hrce.ca Phone: 902-479-4298

Safe Arrival Line: 1-833-582-6940
Principal: Nancy Bradfield Vice Principal: Cynthia Rigby
Administrative Assistant: Christina Withers



# CHEBUCTO HEIGHTS NEWS

#### **MARCH 2024**

# **Administrators' Message**

Spring is in the air! We are happily welcoming March back with its longer days and look forward to seeing more sun! In February, we celebrated African Heritage Month in many ways throughout our building. Students and staff celebrated learning through projects, presentations, a daily quiz question, drumming performance, and deep learning of many local heroes in our community. We wrapped up the month with a classroom door decorating competition and a musical presentation from Nova Scotian hip hop singer, Maje.

Thank you to Mr. States who created an informational bulletin board including a map with locations to all 52 historical black communities in Nova Scotia.

This week we will have students clean off their coat racks and look through the lost and found for any personal items. If you know that you are missing any clothing or footwear, please let your child's teacher know so that we can have a look through the ever growing pile. Any unclaimed items will be bagged and donated to Hand in Hand on Friday.

Report cards will be sent home on March 27 or 28. Please ensure you have shared your active email with us as report cards will be sent both as a hard copy as well as by email. Parent Teacher Interviews will be on Thursday, April 4th. More information will be shared after March Break regarding booking appointments with individual teachers.

We continue to experience congestion on Cowie Hill Road at the bus stop during morning drop off and afternoon pick up. We ask that you please do not park or drop your children off at the end of the driveway in efforts to maintain student safety.

### **Safe Arrival**

We are asking parents to please use our safe arrival line – 1-833-582-6940. If your child is only out for a half day you can email <a href="mailto:ches@hrce.ca">ches@hrce.ca</a> or call the school at 902 479 4298 to let us know. You can also use the app to let us know your child will be away for the day.

# **AI Lunch Club**

We are excited to announce that our school has been offered the opportunity to trial a free lunch program with an AI focus for our grade 4 and 5 students. This program will run from March 4th to March 8th, catering to a group of 10 students selected by our teachers. This program will be extended after March Break to any interested students for a fee. If your child is interested, please reach out to Brendan at brendan.mcdorman@gmail.com for more information.

# Spirit Week

Monday, March 4 – CHES PRIDE – Wear school clothing or blue and white
Tuesday, March 5 – TWINS/TRIPLETS – Match with a friend or two
Wednesday, March 6 – DRESS YOUR BEST – Wear something nice
<b>'hursday, March 7 –</b> CHEBUCTO'S BRIGHTEST – Wear any neon and rainbow colours.
Put on your brightest outfit!
Friday, March 8 – PJ DAY – Going into March Break in a comfy, cozy way

# **March is Nutrition Month**

Did you know? March is Nutrition Month! This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk about food.

Some ways to engage your family during Nutrition Month:

- Get kids involved in meal planning. Ask them to help choose recipes, write out grocery lists and explore grocery store flyers.
- Make cooking a family event! Kids can participate in age-appropriate tasks, such as measuring ingredients or setting the table.
- Enjoy meals together when you are able. Mealtimes can be a great time to connect in conversation.

### **Nut-Free & Scent Sensitive School**

We have several students and staff who have life threatening allergies to peanuts and nut products. Please respect their health and well-being by sending your child with snacks and lunches that do not contain nuts. Additionally, some of our students and staff have medical conditions that can be worsened by scented products.

# **Important Dates**

Monday - Friday March 4-8th - Spirit Week
Wednesday March 6th - French Immersion Information Meeting @6pm
Thursday March 7th - Ski Trip Grade 4s and 5s (weather permitting)
Monday - Friday March 11-15th - March Break (No School)
Monday March 18th - Assessment and Evaluation Day (No School for students)
March 27/28 - Report Cards sent home
Friday March 29th - Good Friday (No School)
Monday April 1st - Easter Monday (No School)